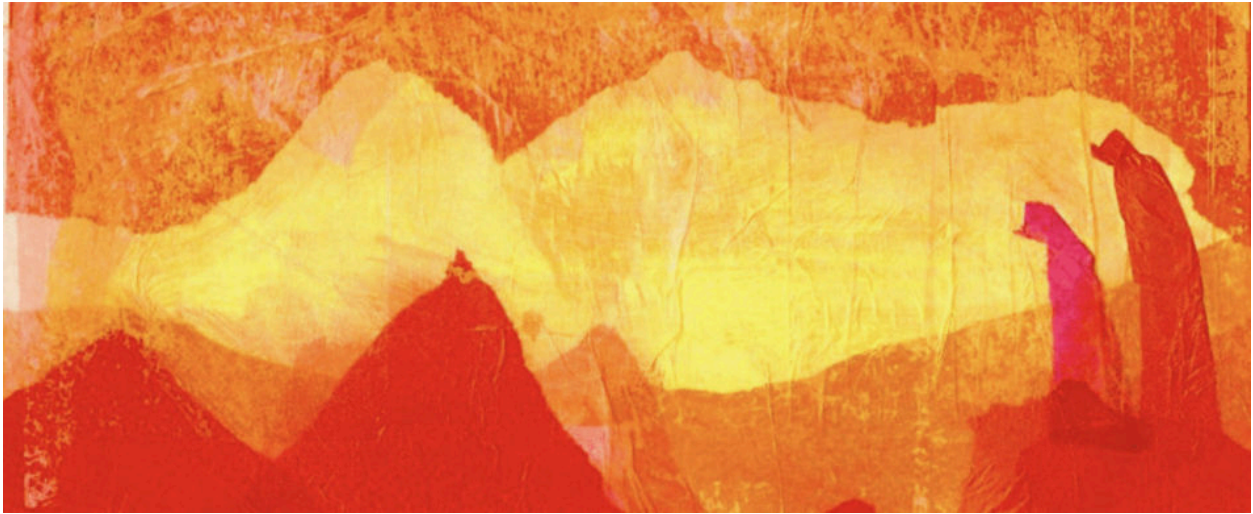


# PORTALS OF LUMINOSITY

## A JOURNEY INTO OUR INNER AND OUTER WORLD THROUGH COLLAGE



How often do we wonder about the greater outer worlds, the cosmos, the moon and stars, galaxies, and the glorious darkness of deep space? We may not think of these things often, but we are affected by the outer world in our daily lives through the alignment of planets, energetic phases of the moon, procession of the equinoxes, tides of the ocean and our societal structures. These influences strongly impact our emotional and physical bodies, reflecting our interconnectedness with all sensate beings and energy aspects of life.

Life in the universe is infinite, as is the life of our inner world, and both worlds wondrously mirror each other. On this retreat, we will embrace the endless and mystical nature of our innermost being while opening to the energetic forces of the universe. This unique synthesis exploring inner and outer worlds casts light into the deepest places of our psyche, awakening unknown parts of ourselves.

The foundational practices of the Tissue Paper Collage Method—creating collages, writing our life story as a fairy tale or myth, reflective journaling, expressive movement and dance, and private and collective viewing of collages—are doorways to capture the rich and expansive experiences that reveal themselves. Aspects of ourselves are discovered in the imaginal realms where there is no end to our creativity or capacity to transform.

**We are very excited to be offering this year's retreat at the historic  
Mabel Dodge Luhan House in Taos, New Mexico.**

[Click here to learn more.](#)

**WHEN:** October 5th to October 9th, 2024

**WHERE:** Mabel Dodge Luhan House, Taos, New Mexico

**COST:** Shared R&B \$2,000 and Private R&B \$2,400

*All meals and art supplies are included*

**CE INFO:** This event is co-sponsored by R. Cassidy Seminars for 33 CEs. (The CEs are pending as of this mailing, but should be approved later this month.)

This workshop will have 12 participants. To reserve your place send a check or call Karen with a credit card for 50% of tuition. Payment in full is due June 15. 75% refund for cancellations made before August 31. Payment is non-refundable once the event begins.

*This experiential workshop provides counselors, mental health professionals and other health care practitioners an opportunity to learn how to integrate creative arts, somatic awareness and mindfulness practice into their work.*

**Karen Stefano**

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