

PORTALS OF LUMINOSITY

A JOURNEY INTO OUR INNER AND OUTER WORLD THROUGH COLLAGE



How often do we wonder about the greater outer worlds, the cosmos, the moon and stars, galaxies, and the glorious darkness of deep space? We may not think of these things often, but we are affected by the outer world in our daily lives through the alignment of planets, energetic phases of the moon, procession of the equinoxes, tides of the ocean and our societal structures. These influences strongly impact our emotional and physical bodies, reflecting our interconnectedness with all sensate beings and energy aspects of life.

Life in the universe is infinite, as is the life of our inner world, and both worlds wondrously mirror each other. On this retreat, we will embrace the endless and mystical nature of our innermost being while opening to the energetic forces of the universe. This unique synthesis exploring inner and outer worlds casts light into the deepest places of our psyche, awakening unknown parts of ourselves.

The foundational practices of the Tissue Paper Collage Method—creating collages, writing our life story as a fairy tale or myth, reflective journaling, expressive movement and dance, and private and collective viewing of collages—are doorways to capture the rich and expansive experiences that reveal themselves. Aspects of ourselves are discovered in the imaginal realms where there is no end to our creativity or capacity to transform.

We are very excited to be offering this year's retreat at the historic Mabel Dodge Luhan House in Taos, New Mexico.

WHEN: September 30 to October 4, 2023

WHERE: Mabel Dodge Luhan House, Taos, New Mexico

COST: Shared Room: \$1,800 Private Room: \$2,100

All meals and art supplies are included

CE INFO: This event is co-sponsored by R. Cassidy Seminars for 33 CEs. (The CEs are pending as of this mailing, but should be approved later this month.)

This workshop will have 12-14 participants. Deposit is due by May 1. To reserve your place, either send a check for 50% or get in touch with Karen to pay by credit card. Payment in full due by June 15. 75% refund for cancellation made before August 31. Payment nonrefundable once event begins.

This experiential workshop provides counselors, mental health professionals and other health care practitioners an opportunity to learn how to integrate creative arts, somatic awareness and mindfulness practice into their work.

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