



The Collage Connection
Karen Stefano
25 Homewood Court
Charles Town, WV 25414
Return Service Requested

THE COLLAGES CONNECTION

CREATE. TRANSFORM. RENEW. ©

A retreat for renewal...

Meeting life with a fresh perspective and with revitalized energy, you will uncover a new direction, reconnect with your passion, and reduce your negative responses to stress.



THE PLAYSHOP: MORE THAN JUST COLLAGE-MAKING...

The Collage Connection Playshop is one of those rare chances to relax, rejuvenate, and rediscover your creative side.

- Prepare for the playshop by writing the story of your life in the form of a myth or a fairy-tale
- Create a variety of tissue paper collages to work with and bring home
- Take part in group meditations
- Explore various forms of movement and somatic awareness
- Have the chance to take long walks, solo or in groups, through the foothills of the Sangre de Cristo mountains

Create and connect through collage...

Why do we exist? What is my purpose in life? How can I live up to my true potential? The answers to all of these questions are explored through The Tissue Paper Collage Practice, which is inspired by our quest for knowledge, understanding, and wisdom. In the Playshop experience, the Tissue Paper Collage Practice provides the individual with a balanced range of creative processes to help facilitate his/her journey inward and transform fear, anxiety, depression, and grief while accessing a profound sense of revitalization and clarity.

Please join us for THE COLLAGE CONNECTION

WHEN: Friday, July 16 –20, 2010

WHERE: A magical retreat in the foothills of the Sangre de Cristo mountains, just outside of Santa Fe, New Mexico

COST: \$875 includes single room & board as well as all art supplies



Karen trained with Dr. Edith Wallace, a world-renowned Jungian analyst who developed The Tissue Paper Collage Method more than 30 years ago. She currently holds a private practice in Charles Town, West Virginia.

KAREN STEFANO, Ed. M., M. A., L. P. C., is an artist and practicing psychotherapist. She has been leading Collage Playshops around the world for more than 20 years. A trained sculptor and painter, she has worked extensively with stone, clay, watercolors, and pastels. Bringing together the passion and artistry of her creative work, psychotherapy, and the quest for higher meaning, Karen's goal is to establish unity between body, mind, and spirit. Studying with many great teachers, she has synthesized a creative and effective way of working with clients both individually and in groups.

Tap into your inner-source through the art and play of collage...

Collage has long been a method of creative art, dating back to 12th-century Japan. Today, the Tissue Paper Collage Practice has the unique power to transcend this simple activity to become an outlet for discovery, healing, and connecting with our true potential.

The practice of Tissue Paper Collage Playshops now propels this ancient art-form in an inspiring new direction, one that allows for a deep exploration of our psyche or what C.G. Jung calls the Self. The practice is based on an innovative approach to Jung's technique of "active imagination." Using images that emerge from our inner world, a more authentic and organic self-awareness is revealed to us. As our inner world is opened, we are given a brand-new lens through which to view and live our lives.

Plan to arrive between 4-5 p.m. for registration on Friday. This event ends on Tuesday after lunch, around 2pm.

10 benefits to experiencing collage as a form of play

- 1 Access a doorway to the unconscious
- 2 Be inspired and reconnect to a sense of beauty
- 3 "Think" with one's hands
- 4 Work in a group, find a sense of community
- 5 Transform aggression and other emotions through tearing, placing and gluing
- 6 Express in image, color, movement, story and sound
- 7 Develop a deeper sense of empathy
- 8 Access innocence and the child-self via play
- 9 Develop valuable inner strength for adapting to the uncertainties of our time
- 10 Unlock creativity and find new solutions to old dilemmas

YES! I wish to attend THE COLLAGE CONNECTION: CREATE. TRANSFORM. RENEW.

☐ I have enclosed a check/ money order of \$875 for the July/August Tissue Paper Collage Playshop

☐ Bill my Visa / MasterCard #

Exp. Date:

Phone #:

Zip:

Name:

Address:

City, State:

Email:

Signature:

Please make check payable to: Karen Stefano, 25 Homewood Court, Charles Town, WV 25414

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www.duversity.org