

# Going on a Quest, Opening to the Creative...

*a tissue paper collage mini playshop*



Going on a quest means to seek, not knowing what and to go, not knowing where. Necessity and yearning compel us forward. Connection with source generates presence and vitality in our lives. Our creativity depends on it. There is a center in each one of us that provides direction, strength, wisdom and the capacity to live our creative potential.

**The four main elements of a Mini Tissue Paper Collage Playshop are:**

- *Sitting Meditation*
- *Creating tissue paper collages*
- *Viewing the collages, in private and in group*
- *Inspired movement, giving voice to a collage*

**The means and methods for contacting our source and keeping those channels open are:**

- *Working with simple art materials to open and build channels to the depths of the psyche.*
- *Illuminating our deepest inner dialogue through the creation of our collages.*
- *Listening to the guidance that comes from our instinctive and spontaneous selves.*
- *Connecting with our bodies through movement, breath and meditation, bringing us home to our authentic nature.*

Dr. Edith Wallace created the tissue paper collage method more than thirty years ago. Her work continues under the creative and gifted guidance of Karen Stefano, an east coast artist and psychotherapist.

Non-verbally and unselfconsciously, we enjoy a 'mini playshop' built from moments of playful discovery and confrontations with beauty. No previous knowledge or artistic skill is necessary, just a wish to play and enjoy color.



To register by phone, call Karen Stefano at 304.728.6757  
or you may email [karenstefano@citlink.net](mailto:karenstefano@citlink.net)

**Saturday, October 21st and Sunday, October 22nd**  
**Georgia O Keeffe Museum Education Annex**  
**123 Grant Avenue, Santa Fe 87501**  
**Days start at 8:30am and end by 5:00pm**  
**\$395 - includes vegetarian lunches and art materials**

For additional information visit her on the web at [www.tissuepapercollage.net](http://www.tissuepapercollage.net)



DuVersity Seminars 25 Homewood Court, Charles Town, WV 25414

\* This event is co-sponsored by the Message Company, a NBCC approved continuing education provider.  
14 CE hours have been approved for this event.