



*Come Join Us...*

# THE COLLAGE CONNECTION

*CREATE. TRANSFORM. RENEW.*

*February 5<sup>th</sup> - 6<sup>th</sup>, 2010*

Collages have long been a method of creative art, dating back to the 12th-century. Today, Tissue Paper Collage Playshops propel this ancient artform in an inspiring new direction, one that allows for a deep exploration of our psyche, what Jung calls The Self. Using images that emerge from our inner-world, a more authentic and organic self-awareness is revealed to us. As our inner world is opened, we are given a brand-new lens through which to view our lives...

What is my purpose in life? How can I live up to my true potential? Can I live creatively in the face of uncertainty? The answers to all of these questions are explored through The Tissue Paper Collage Practice, a unique artform that is naturally inspired by our quest for knowledge, insight, and understanding. This November, tap into your inner-source and enjoy a little creative play at our Collage Connection Playshop.

More than just collage making, **The Collage Practice** is one of those rare chances to rediscover and invigorate your creative side. It can help you develop valuable inner strength as well as a deep sense of body/mind connection, so you can more easily adapt to the uncertainties of our time.

In addition to creating tissue paper collage images to bring home at the close of the day, we will:

- Explore forms of movement
- Take part in meditation
- Deepen somatic awareness

**WHEN:** February 5-6, 2010

(Friday evening from 7:00-9:30 PM  
Saturday from 9:30-4:30 PM).

**WHERE:** The Shepherdstown Train Station, Shepherdstown, West Virginia

**COST:** \$150 includes all art supplies. Bring a bagged lunch for Saturday

**CONTACT & SIGN-UP:** karenstefano@citlink.net; 304.728.6757;

www.tissuepapercollage.net

8 CE hours are pending for this event

**KAREN STEFANO**, Ed. M., M.A., L.P.C. is an artist and practicing Licensed Professional Counselor. Bringing together the passion and artistry of her creative work, counseling, and the quest for higher meaning, the goal is to establish unity between body, mind and spirit. She has been leading workshops worldwide for more than 20 years. Stefano is a co-founder of DuVersity, an educational non-profit that explores the connection between various spiritual traditions and modern psychology. Stefano is a graduate of the Washington School of Psychiatry National Group Psychotherapy Institute, The Washington School of Psychiatry Couples and Family Psychoanalytic Training Program, and the Analytic-Somatic Psychotherapy Program in Berkley, California.